

CURRICULUM VITAE

**EDWARD ANDREW SELBY**

*Doctoral Candidate, Clinical Psychology*  
*Pre-Doctoral Fellow, National Institute of Mental Health (NIMH)*

Address:  
Department of Psychology  
Florida State University  
Tallahassee, FL 32306-1270  
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**EDUCATION**

- 2011      ***Florida State University***  
            *Doctor of Philosophy (Ph.D.) – Expected 2011*  
            Advisor: Thomas E. Joiner, Jr.  
            Comprehensive Exams Passed: 7/28/07
- 2007      ***Florida State University***  
            *Master of Science (M.S.) – Clinical Psychology*
- 2005      ***University of Wyoming, with Honors***  
            *Bachelor of Arts (B.A.) – Psychology*  
            *Bachelor of Science (B.S.) – Physiology and Neuroscience*  
            Minor – Asian Studies

**RESEARCH INTERESTS**

Emotion Dysregulation in Borderline Personality Disorder, Non-Suicidal Self-Injury, Suicidal Behavior, Anorexia Nervosa, Bulimia Nervosa

**HONORS AND AWARDS**

Ruth L. Kirschstein National Research Service Award, National Institutes of Health (NIH), 2008-2010  
Florida State University Dissertation Fellowship, 2008 (\$750)  
First Place, FSU Psychology Clinic Empirical Article Competition, 2008 (\$500)  
FSU Congress of Graduate Students Conference Presentation Grant, 2006-2008

National Science Foundation Graduate Research Fellowship – Honorable Mention,  
2005  
Phi Beta Kappa, 2005  
Phi Kappa Phi, 2005  
National Science Foundation EPSCoR Research Fellowship, 2004 (\$5,000)  
College of Arts and Sciences Independent Study Award, University of Wyoming, 2004  
(\$5,000)  
Paul Stock Travel Grant, University of Wyoming, 2004  
Research Presentation Travel Award, Department of Psychology, University of  
Wyoming, 2004  
University of Wyoming Presidential Scholarship, 2001-2005

### **EXTRAMURAL RESEARCH SUPPORT**

#### **1 F31 MH081396-01A2**

National Institute of Mental Health (NIMH), National Research Service Award  
Title: *Emotional and Behavioral Dysregulation in Borderline Personality Disorder*  
Role: Principle Investigator [Sponsor: Thomas E. Joiner, Jr.]  
Priority Score: 149  
Period: September 2008 – September 2010  
Total Costs: \$72,391.80

### **PUBLICATIONS (N = 13)**

\* indicates undergraduate honors student coauthor

#### In Press

**Selby, E. A.**, \*Connell, L. D., & Joiner, T. E., Jr. (in press). The pernicious blend of rumination and fearlessness in non-suicidal self-injury. *Cognitive Therapy and Research*.

**Selby, E. A.**, \*Ward, A. C., & Joiner, T. E., Jr. Dysregulated eating behaviors in borderline personality disorder: Are rejection sensitivity and emotion dysregulation linking mechanisms? *International Journal of Eating Disorders*.

#### 2009

Anestis, M. D., Anestis, J. C., **Selby, E. A.**, & Joiner, T. E. (2009). Anger rumination across forms of aggression. *Personality and Individual Differences*, 46, 192-196.

Joiner, T. E., Jr., Van Orden, K. A., Witte, T.K., **Selby, E. A.**, Ribiero, J. D., Lewis, R., & Rudd. M. D. (2009). Main predictions of the interpersonal-psychological theory of suicidal behavior: Empirical tests in two samples of young adults. *Journal of Abnormal Psychology, 118*(3), 634-646.

**Selby, E. A.**, Anestis, M. D., Bender, T. W., & Joiner, T. E. (2009). An exploration of the emotional cascade model in borderline personality disorder. *Journal of Abnormal Psychology, 118*(2), 375-387.

**Selby, E.A.** & Joiner, T.E. (2009). Cascades of emotion: The emergence of borderline personality disorder from emotional and behavioral dysregulation. *Review of General Psychology, 13*(3), 219-229.

**Selby, E. A.** & Joiner, T. E., Jr. (2009). Ethnic variations in the structure of borderline personality disorder symptomatology. *Journal of Psychiatric Research, 43*, 115-123.

#### 2008

**Selby, E. A.**, Anestis, M. D., & Joiner, T. E. (2008). Understanding the connection between emotional and behavioral dysregulation: Emotional cascades. *Behaviour Research and Therapy, 46*(5), 593-611.

**Selby, E. A.**, Braithwaite, S. R., Joiner, T. E., & Fincham, F. D. (2008). Features of borderline personality disorder, childhood emotional invalidation, and dysfunction within current romantic relationships. *Journal of Family Psychology, 22*(6), 885-893.

#### 2007

Anestis, M. D., **Selby, E. A.**, Fink, E., & Joiner, T. E. (2007). The multifaceted role of distress tolerance in dysregulated eating behaviors. *International Journal of Eating Disorders, 40*, 718-726.

Anestis, M. D., **Selby, E. A.**, & Joiner, T.E. (2007). The role of urgency in maladaptive behaviors. *Behaviour Research and Therapy, 45*, 3018-3029.

Joiner, T. E., Sachs-Ericsson, N. J., Wingate, L. R., Brown, J. S., Anestis, M. D., & **Selby, E. A.** (2007). Childhood physical and sexual abuse and lifetime number

of suicide attempts: A persistent and theoretically important relationship. *Behaviour Research and Therapy*, 45(3), 539-547.

**Selby, E. A.**, Anestis, M. D., & Joiner, T. E. Jr. (2007). Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality. *Behavior Modification*, 31(6), 867-879.

### **CHAPTERS IN EDITED BOOKS (N = 3)**

Anestis, M. D., Fink, E., Smith, A., **Selby, E. A.**, & Joiner, T. E., Jr. (in press). Distress tolerance in dysregulated eating behaviors. In M. Zvolensky & A. Vujanovic (Eds.). *Distress Tolerance*. New York: Guilford.

**Selby, E. A.**, Joiner, T. E., & Ribiero, J. (in press). Comprehensive theoretical models of suicidal behaviors. In M. K. Nock (Ed.). *Oxford Handbook of Suicide and Self-Injury*. Oxford University Press.

Van Orden, K. A., Witte, T. K., **Selby, E. A.**, Bender, T. W., & Joiner, T. E. (2008). Suicidal behavior in youth. In J.R.A. Abela & B.L. Hankin (Eds.). *Depression in Children and Adolescents: Causes, Treatment, and Prevention*. New York: Guilford.

### **PAPERS CURRENTLY UNDER REVIEW**

Anestis, M. D., Bender, T. W., **Selby, E. A.**, Ribeiro, J. D., & Joiner, T. E., Jr. Emotion in suicide risk: Distress tolerance as a moderator of the relationship between biological sex and the acquired capability for suicide. *Social Sciences and Medicine*.

Anestis, M. D., **Selby, E. A.**, Peterson, C. B., Bardone-Cone, A. M., Klein, M. H., Mitchell, J. E., Crosby, R. D., Wonderlich, S. A., Crow, S. J., le Grange, D., & Joiner, T. E. A comparison of self-report versus ecological momentary assessment measures of affective lability in the examination of its relationship with bulimic symptomatology. *Behaviour Research and Therapy*.

Braithwaite, S. R., **Selby, E. A.**, & Fincham, F. D. Forgiveness and relationship outcomes following infidelity: The role of catastrophizing, negative interpersonal tactics, and self-regulation. *Personal Relationships*.

**Selby, E. A.**, Bender, T. W., Gordon, K. H., & Joiner, T. E. Non-suicidal self-injury (NSSI) disorder: Separate affliction or subclinical variant of borderline personality disorder? *Journal of Psychopathology and Behavioral Assessment*.

**Selby, E. A.**, Bulik, C. M., Thornton, L., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. Refining behavioral dysregulation in borderline personality disorder with a Sample of Women Diagnosed with Anorexia Nervosa. (Revise and Resubmit). *Personality Disorders: Theory, Research, and Treatment*.

**Selby, E. A.**, Smith, A., Bulik, C. M., Olmsted, M. P., Thornton, L., McFarlane, T. L., Berrettini, W. H., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. Habitual Starvation and Provocative Behaviors: Two Routes to Extreme Suicidal Behavior in Anorexia Nervosa. *Journal of Abnormal Psychology*.

**Selby, E. A.**, & Joiner, T. E. Narcissistic Rage and Impulse Control Difficulties: The Roles of Excessive Reassurance Seeking and Anger Rumination. (Revise and Resubmit). *Journal of Personality Disorders*.

Teale, N., **Selby, E. A.**, Bender, T. W., & Joiner, T. E. The role of pain and provocation in impulsivity and suicide. *Journal of Clinical Psychology*.

Van Orden, K. A., Witte, T. K., Cukrowicz, K. C., **Selby, E. A.**, Braithwaite, S. R., & Joiner, T. E. The interpersonal-psychological theory of suicidal behavior: A new paradigm for understanding and predicting suicidal behavior. *Psychological Review*.

### **MANUSCRIPTS IN PREPARATION**

Gordon, K.H., **Selby, E.A.**, Bender, T.W., Anestis, M.D., Braithwaite, S.R., Witte, T.K. & Joiner, T.E. The reinforcing properties of non-suicidal self-injurious behavior.

**Selby, E.A.** A latent profile analysis of borderline personality disorder subtypes.

**Selby, E. A.**, Anestis, M. D., Bender, T. W., Nock, M. K., Rudd, M. D., & Joiner, T. E., Jr. Overcoming the fear of lethal injury: Evaluating suicide in the military through the lens of the interpersonal-psychological theory of suicide.

**Selby, E.A.** & Joiner, T.E. Diversifying the rumination construct: Valence, orientation, and amplification of emotional experience.

Scott, W.D. & **Selby, E.A.** Subjective appraisal of emotional intelligence: A construct validation study of the trait meta-mood scale.

Timmons, K., **Selby, E. A.**, Pettit, J., Lewinson, P., & Joiner, T. E., Jr. Displacement, burdensomeness, and belongingness in youth suicidal behavior.

### **INVITED PRESENTATIONS**

**Selby, E. A.** (2009, October). *Dialectical Behavior Therapy: What is it, where has it been, and where is it going?* Invited Keynote address presented at the 2<sup>nd</sup> Annual Florida Borderline Personality Disorder Association Conference, St. Petersburg, FL.

**Selby, E. A.** (2009, June). *A real-time evaluation of emotional cascades and behavioral dysregulation in borderline personality disorder.* Invited presentation at the Eating Disorders Research Institute at the Neuropsychiatric Research Institute, Fargo, ND.

**Selby, E.A.** (2007, October). *Case Presentation: Differential Diagnosis and the Comorbidity between BPD and PTSD.* Presented at the FSU Psychology Clinic, Florida State University. Tallahassee, FL.

**Selby, E.A.** (2006, December). *Ethnic variations in the structure of borderline personality disorder symptomatology.* Presentation in the Department of Sociology, Florida State University. Tallahassee, FL.

### **CONFERENCE PRESENTATIONS**

2009

**Selby, E. A.**, Bender, T. W., Gordon, K. H., & Joiner, T. E. (2009, November). *Non-suicidal Self-Injury (NSSI) Disorder: Separate affliction or subclinical variant of*

*borderline personality disorder?* Paper presented as part of a seminar on New Conceptual and Methodological Approaches to the Study of Self-Injury at the 43<sup>rd</sup> Annual Association for Behavioral and Cognitive Therapies, New York City, New York.

2007

Gordon, K.H., **Selby, E.A.**, Bender, T.W., Anestis, M.D., Braithwaite, S.R., Witte, T.K. & Joiner, T.E. (2007, November). *The reinforcing properties of non-suicidal self-injurious behavior*. Seminar presentation and discussion at the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

**CONFERENCE POSTERS**

2008

**Selby, E.A.**, Anestis, M. D., Bender, T. W., & Joiner, T.E. (2008, November). *Emotional cascades and borderline personality disorder*. Poster presented at the 42<sup>nd</sup> Annual Association for Behavioral and Cognitive Therapies, Orlando, Florida.

2007

**Selby, E.A.**, Anestis, M.D., Bender, T.W., & Joiner, T.E. (2007, November). *Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality*. Poster presented at the 41<sup>st</sup> Annual Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

2006

Anestis, M.D., **Selby, E.A.**, & Joiner, T.E. (2006, November). *The role of urgency in behavioral dysregulation*. Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Anestis, M.D., **Selby, E.A.**, & Joiner, T.E. (2006, November). *Urgency as a risk factor in bulimia nervosa despite the use of positive reappraisal*. Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

**Selby, E.A.**, Anestis, M.D., Bender, T.W. & Joiner, T.E. (2006, November). *Burdensomeness and belongingness mediate the relationship between depression and hopelessness*. Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

**Selby, E.A.**, Anestis, M.D., & Joiner, T.E. (2006, November). *An emotion dysregulation model of bulimia nervosa*. Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

## 2004

**Selby, E.A.** & Scott, W.D. (2004, November). *Individuals With a History of Syndromal Depression: Affect Repair and Rumination*. Poster presented at the 38<sup>th</sup> Annual Convention for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

## **RESEARCH EXPERIENCE**

*Laboratory for the Study of the Psychology and Neurobiology of Mood Disorders, Suicide, and Related Conditions*

Graduate Research Fellow. Florida State University, Department of Psychology, July 2005 – present. Thomas E. Joiner, Jr., Ph.D.

*Personality and Psychopathology Laboratory*

Undergraduate Research Fellow. University of Wyoming, Department of Psychology, August 2003 – June 2005. Walter D. Scott, Ph.D.

## **PROFESSIONAL SOCIETY MEMBERSHIP**

Association for Behavioral and Cognitive Therapies (ABCT; Student Affiliate)

## **TEACHING EXPERIENCE**

August 2006 – August 2008: **Conditioning and Learning Lab**; 25-30 students/section

August 2008 – December 2008: **Research Methods Lab**; 25-30 students

## **STUDENT MENTORING AND ADVISING**

2007-2009 Honors Thesis Supervisor/Co-Supervisor

“Dysregulated Eating Behaviors in Borderline Personality Disorder: Are There Roles for Emotion Dysregulation and Rejection Sensitivity?” (Anne Ward; Awarded: *Florida State University Undergraduate Research and Creativity Award, Honors in the Major*)

2008-2009 Undergraduate Independent Research Project

“The Pernicious Blend of Rumination and Fearlessness in Non-Suicidal Self-Injury” (Lavonna Connell, *Oakwood University*)

### **EDITORIAL ACTIVITIES**

Ad Hoc Journal Reviewer:

*Journal of Abnormal Psychology, 2008-2009*

*Journal of Clinical Psychology, 2009*

*Journal of Consulting and Clinical Psychology, 2009*

*Journal of Social and Clinical Psychology, 2009*

*Personality and Individual Differences, 2009*

### **CLINICAL EXPERIENCE**

July 2008 – Present: **Crisis Management Unit**, Florida State University. On-call crisis intervention and evaluation for individuals experiencing suicidal, homicidal and psychotic symptoms.

August 2006 – August 2008: *Psychological Trainee*, **FSU Psychology Clinic**, Tallahassee, FL. Outpatient therapy and assessment for adults and children with a wide range of psychological disorders.

Activities: Individual outpatient therapy and assessment for adults and children from the local community, with emphasis on empirically-supported interventions. Specific interventions included CBT, MI, Interpersonal Therapy (IPT), Cognitive Behavioral Analysis System of Psychotherapy (CBASP), Barkley Behavior Management Training (for adolescents and teens), exposure and cognitive therapy, and Dialectical Behavior Therapy. Treatment experience included group, family, and individual therapy.

Diagnoses seen included anxiety, mood, substance use, eating, personality disorders, attention deficit hyperactivity disorder, reactive attachment disorder,

oppositional defiant disorder, learning disabilities; engaged in weekly therapy sessions. Complete assessments performed for learning disabilities, attention deficit hyperactivity, and Axis I and Axis II psychopathology. Assessment measures included SCID, SID-P, WAIS, WISC, Woodcock Johnson, and MMPI.

Co-led Dialectical Behavior Therapy groups for patients with suicidal, interpersonal and emotional problems. Conducted psychological evaluations and treatment with court-mandated clients. Maintained progress notes and generated intake reports, treatment plan summaries, and termination summaries. Additional activities included conduction of screening interviews, crisis intervention, interaction with others in the mental health community (e.g. psychiatrists, social workers), interaction with individuals in the legal system (e.g., probation officers, lawyers), generation of integrated reports for every full psychological evaluation (including intellectual, personality, cognitive, and achievement testing), attending weekly staffing and supervision meetings.

Supervisors: Jeanette Taylor, Ph.D., Sandy Kerr, Ph.D., Thomas E. Joiner, Ph.D., & Brad Schmidt, Ph.D.

June 2007 – August 2008: *Psychology Intern*, **Eastside Psychiatric Hospital, Apalachee Center**, Tallahassee, Florida.

Activities: Duties included group therapy (process and content focused) with individuals of various cultural and socioeconomic backgrounds with severe mental illness, all of whom were mandated to either short or intermediate (ranging from a few days to a few months) term hospitalization. All individuals on this unit had severe psychological illness, and the primary disorders seen on this unit were severe depression (to the point of suicidality), bipolar disorders, psychotic disorders, borderline personality disorder, and some cases of individuals with mental and/or cognitive incapacitation (dementia, low intellectual functioning, etc.). Supervisor: Jay Reeve, Ph.D.

June 2007 – August 2008: *Psychology Intern*, **Crisis Stabilization Unit, Apalachee Center**, Tallahassee, Florida.

Activities: Duties included group therapy (process and content focused) with individuals of various cultural backgrounds who are mandated for a 72-hour observation and treatment period due to severe psychological disturbance. All individuals on this unit did not have insurance, and a high percentage of the individuals were homeless or jail detainees. To be placed on this unit, individuals had to be experiencing severe suicidal or homicidal ideation, inability to care for themselves, or experiencing severe substance

use problems (e.g. severe alcohol dependence). Psychological disorders worked with ranged from severe depression (to the point of suicidality), bipolar disorders, psychotic disorders, borderline personality disorder, and substance use disorders. Supervisor: Kristee Treadwell, Ph.D.

June 2007 – October 2007: *Psychology Intern*, **Forensic Rehabilitation Wing, Apalachee Center**, Tallahassee, Florida.

Activities: Duties included group (content focused) and individual therapy with individuals who have been found NGI (not guilty by reason of insanity) and NCT (not competent to stand trial) individuals who are mandated to long term hospitalization. Individuals worked with primarily had psychotic or bipolar disorders. Supervisor: Jay Reeve, Ph.D.

August 2006 – August 2007: Psychological Trainee, **Jackson Juvenile Offender Correction Center (JJOCC)**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida.

Activities: Duties included individual therapy with individuals of various cultural and socioeconomic backgrounds with psychological disturbances such as substance abuse, antisocial behaviors and personality, sexual offenses, suicidal and self-injurious behaviors, depression, and anxiety. Also designed curriculum for and conducted anger group groups; conducted intelligence and personality assessments; diagnostic interviews; comprehensive psychological report writing; multidisciplinary case conferences and treatment planning. Supervisors: Therese Kemper, Ph.D. and Nancy Wonder, Ph.D.

August 2006 – August 2007: Psychological Trainee, **Arthur G. Dozier School for Boys**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida.

Activities: Duties included individual therapy with individuals of various cultural and socioeconomic backgrounds with psychological disturbances such as substance abuse, antisocial behaviors and personality, suicidal and self-injurious behaviors, depression, and anxiety. Supervisors: Therese Kemper, Ph.D. and Nancy Wonder, Ph.D.

## REFERENCES

Available Upon Request.